

PLASTIC FREE JULY



CLIMATE ACTION CORNER

It's that time again:

Plastic Free July!

an international movement that encourages each of us to reduce our use of plastic, especially single-use plastics. Start this month. Can you continue through August? How about through the rest of this year?

CHOOSE TO REFUSE!

**Every change you make helps.
Will you accept the challenge?**

We all know that the planet is dealing with tons of discarded plastic that will not break down in our lifetimes. What are you willing to REFUSE to stop the flow of new plastic in your own home?

REALTORS®: will you take the pledge to never serve plastic water bottles at your listings? It's easy to provide pitchers of drinks, or purchase drinks in large glass bottles.

Some tips to get you started refusing single-use plastic:

NEVER buy drinks in plastic bottles!
They **NEVER** leave the planet!

Buy in bulk, bringing your own reusable containers to stores as allowed.

switch to bars and concentrates for all manner of cleaning products; do not pay for expensive water transported in plastic bottles!

Give plastic-alternatives as gifts to clients. Wax wraps are a great example!

Look for plastic-free personal care products: refillable shampoos, bamboo toothbrushes, tablets for toothpaste, deodorant packaged in cardboard

For more tips for getting plastic out of your life, visit this handy guide from our local Ecology Center

Plastic or Paper?

Plastic isn't only in our environment but also in our bodies. Learn about PFAS!

Watch [this video](#) packed with information about what you can do to refuse harmful PFAS, the Forever Chemicals found in non-stick, water-resistant products, as well as in many cosmetics and building supplies!

Arlene Blum, Chemist and Exec. Director of the Green Science Policy Institute, moderated by Arlene Baxter, founding member of our Climate Action Committee:

[Reducing Harm from PFAS for Healthier People and Planet.](#)

